



# Northern California School of the Arts

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COLLECTIBLES

## Syllabus

**Teaching Artist: Beth Hooper**  
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**School: William Land Elementary School**

- To build foundational skills in music.
- To gain confidence in public performance and making bold choices while singing and interacting with peers.
- To establish a working vocabulary that all musical professionals use.
- To build connections to the world around us using music.
- To gain understanding of core curriculum standards using music.
- To enable students to develop their musical potential through engaging experiences, recognizing that music, as art, is an important part of cultural identity.
- To recognise that music benefits both cognitive development and character development. Performing is a crucial part of this.
- To encourage and prepare students for lifelong musical learning and appreciation, both in and out of school, including preparation for further study if appropriate.

### EXPECTATIONS

At the beginning of each class, students and staff will commit to follow the following agreements:

**Breathe Often**  
**Squash the Internal Editor**  
**Be Respectful of Others**  
**Stay Present**  
**Be Bold**  
**Have fun!**

These agreements will serve as the foundation of our theater/music practice and are invaluable tools for emerging performers.

<b>MUSIC/CHOIR COURSE SYLLABUS</b> <b>William Land</b>		
<b>Date</b>	<b>Plan</b>	<b>Theme</b>
<b>OCT 2022</b>	<ul style="list-style-type: none"> <li>• Agreements</li> <li>• Name game</li> <li>• Finding Music in the classroom</li> <li>• Rhythms, notations, music theory</li> <li>• Proper Vocal production &amp; health</li> </ul>	<b><i>Foundational Skills</i></b>

<p><b>NOV 2022</b></p>	<ul style="list-style-type: none"> <li>● Music styles</li> <li>● Music theory cont.</li> <li>● Identify notes on the treble and bass clef</li> <li>● Read and notate rhythm</li> </ul>	
<p><b>DEC 2022</b></p>	<ul style="list-style-type: none"> <li>● Perform choral selections using proper technique and expression</li> <li>● Evaluate musical performances</li> <li>● Memorization techniques</li> </ul>	

**BENEFITS OF SINGING IN A CHOIR:**

- Improves respiratory and cardiac function
- develops fine and gross motor control in the vocal system
- Improves neurological functioning: Singing behavior is multi-sited neurologically, networked across many different brain areas
- Singing provides an outlet for our emotions
- Provides a positive sense of vocal inclusion
- Provides an opportunity for deep breathing