

What is *The Leader in Me*?

The Leader in Me is a whole-school transformation model and process (K–12) —developed in partnership with educators—that empowers students with the leadership and life skills they need to thrive in the 21st century. It is based on secular principles and practices of personal, interpersonal, and organizational effectiveness.

Distinct in several ways, *The Leader in Me* starts from a powerful premise—every child possesses unique strengths and has the ability to be a leader—which shapes the views of staff to value and develop the whole child. The process integrates leadership development into existing programs, curricula and traditions and serves as a foundational operating system for the school, improving relationships, transforming culture, and highly motivating staff and students. All stakeholders are impacted by *The Leader in Me*, starting with the staff of a school, then expanding to students, their families, and the community at large. This Inside-Out Approach is a key ingredient to successfully creating positive change in a school.

Over 3,000 *Leader in Me* Schools in 50 countries are embracing this new paradigm of leadership and discovering answers to some of the most challenging issues educators face today.



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Leader in Me
at Home



5 Core Paradigms of *Leader in Me* at School

Not This

Leadership is for the few.

Leadership

But This

Everyone can be a leader.

A few people are gifted.

Potential

Everyone has genius.

To improve school, the system needs to change.

Change

Change starts with me.

Educators control and direct student learning.

Motivation

Educators empower students to lead their own learning.

Help students achieve academically.

Education

Develop the whole person.

5 Core Paradigms of *Leader in Me* at Home

Not This

Leadership is for the few.
Parents are in charge of all the decisions.

Leadership

But This

Everyone can be a leader. Parents and children have opportunities for shared leadership.

A few people in our family are gifted.

Potential

Everyone has potential. We celebrate our differences and focus on each other's strengths.

To improve my family he/she needs to change. I can't make a difference.

Change

All change starts with me.

Parents control and direct a child's learning.

Motivation

Parents empower children to lead their own learning.

Parents help children achieve academically.

Education

Develop the whole person.

The 7 Habits[®] Tree

AND REMEMBER TO TAKE CARE OF YOURSELF

Habit 7

SHARPEN THE SAW[®]
Balance Feels Best

THEN PLAY WELL WITH OTHERS

Habit 6

SYNERGIZE[®]
Together Is Better

Habit 5

SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD[®]
Listen Before You Talk

Habit 4

THINK WIN-WIN[®]
Everyone Can Win

START WITH YOU

Habit 3

PUT FIRST THINGS FIRST[®]
Work First, Then Play

Habit 2

BEGIN WITH THE END IN MIND[®]
Have a Plan

Habit 1

BE PROACTIVE[®]
You're in Charge

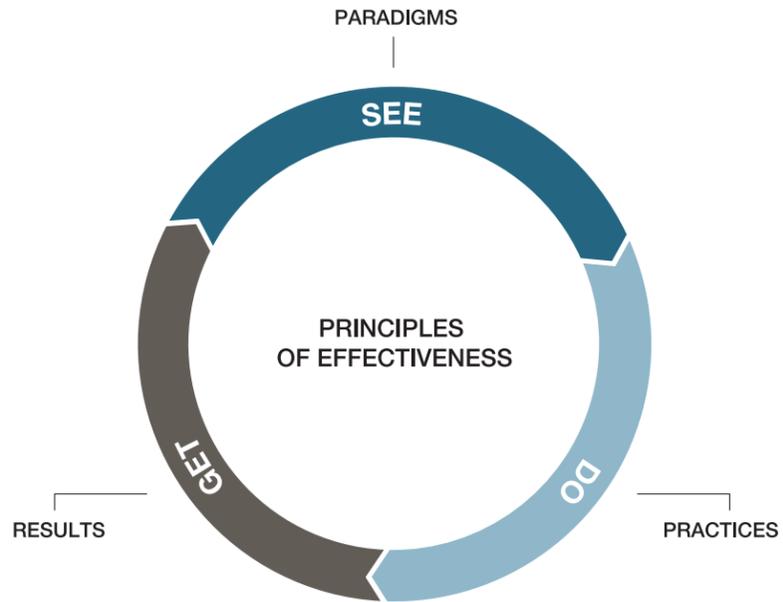
See-Do-Get Cycle

A paradigm is how you see and understand the world. It's a mental map. If you want effective results, practice effective habits. If you want to practice effective habits, adopt paradigms based on principles of effectiveness.



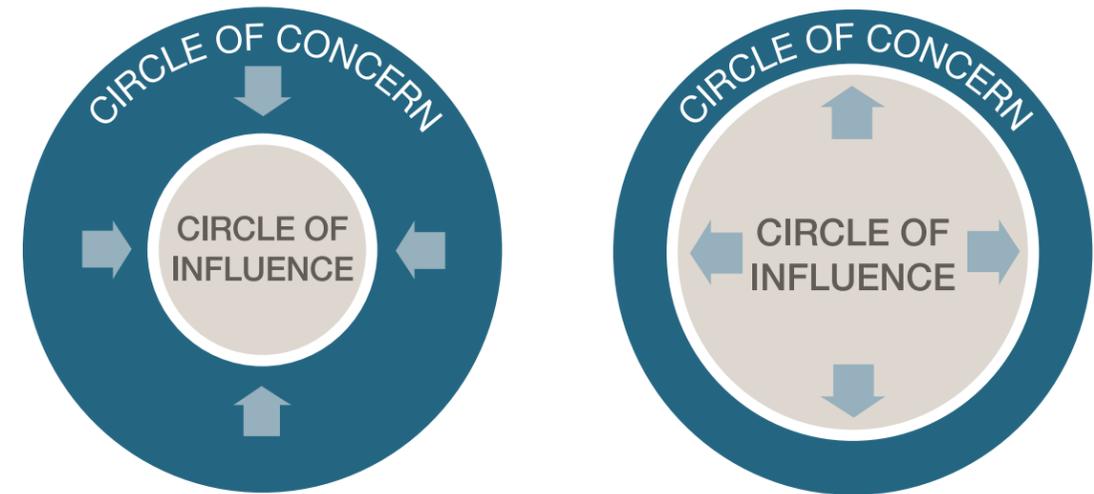
PARADIGM

How you see and understand the world—a mental map.



Focus On Your Circle of Influence

Things you can influence in your life fall within the Circle of Influence. Things you have no control over fall within the Circle of Concern. When you are proactive, you focus on what you can influence and don't worry about what you can't. When you do this, your influence grows.



Pause Before Your Respond

REACTIVE

When you are reactive, you respond without thinking or controlling your reactions. You simply react based on your moods in the heat of the moment.



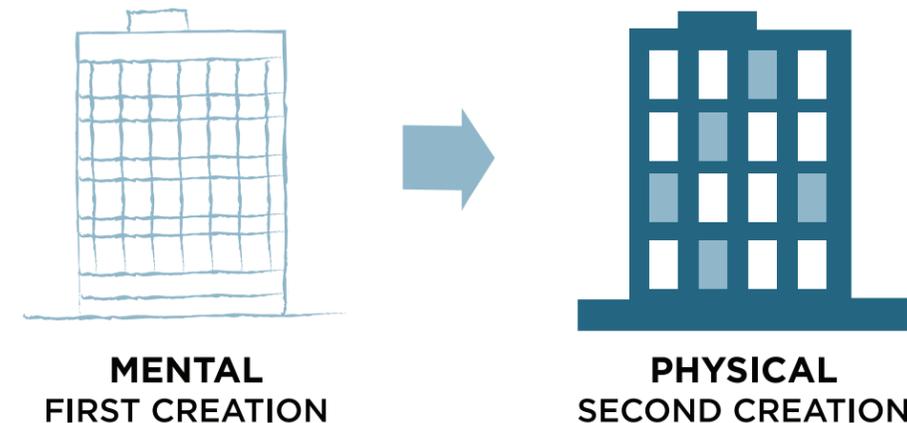
PROACTIVE

When you are proactive, you stop long enough—sometimes just half a second—to allow yourself the time to choose an effective response.



Live by a Family Mission Statement

A carefully considered mission statement unifies family members with a mental blueprint. A family will be more effective when the desired outcome or goal is so clear that the mission statement guides the choices made by each member of the family. Highly effective families Begin With the End in Mind® in everything they do.



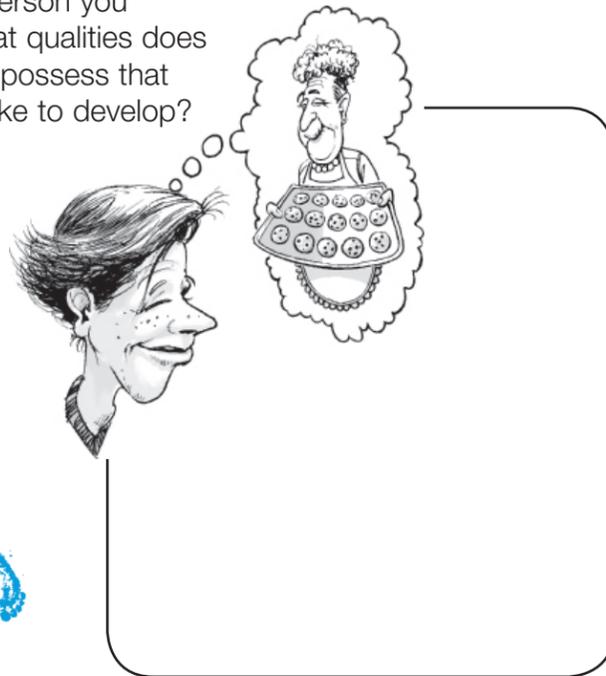
Who am I? (Personal Discovery Exercise)

Start Here!



1

Think of a person you admire. What qualities does that person possess that you would like to develop?



Imagine it's 20 years from now—you are surrounded by the most important people in your life. Who are they and what are you doing?

2



3

If a steel beam (6 inches wide) were placed across two skyscrapers, what would you be willing to cross it for?



7

It's your 75th birthday party and everyone is standing up to say something about the kind of person you've been. What will they say?

6

What are five things you love to do?



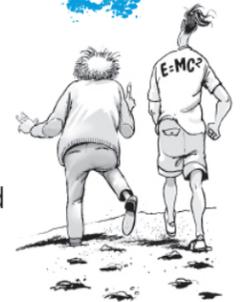
8

Describe a time when you were deeply inspired.



9

If you could spend an hour with any person that ever lived, who would it be? Why did you choose that person?



5

List three words that describe you.

4

If you could spend a special day, where would it be, what would you be doing, and would you be with anyone?

